



Integrity, Inclusion, Education, Excellence

Open Invitational 2024 Freeze or Fry

Hosted By: Dearborn Dolphins

June 14th – 16th, 2024

Sanction – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2324128**. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

Minor Athlete Abuse Prevention Policy Acknowledgement

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

Location

Jack Dunworth Memorial Pool
801 N Denwood St
Dearborn, MI 48128

Times

Session	Day	Age Group	Warm Up	Check-In Closes	Start Time
1	Friday AM Distance Timed Finals	Open	10:30am	10:45am	11:30am
2	Friday PM Timed Finals	Open	3:00pm	3:15pm	4:00pm
3	Saturday Prelim	Open	7:30am	7:45am	8:30am
4	Saturday Timed Finals	12 and Under	12:30pm	12:45pm	1:30pm
5	Saturday Finals	Open	5:30pm		6:15pm
6	Sunday Prelim	Open	7:30am	7:45am	8:30am

7	Sunday Timed Finals	12 and Under	12:30pm	12:45pm	1:30pm
8	Sunday Finals	Open	5:30pm		6:15pm

Facilities

Jack Dunworth Memorial Pool, is a(n) **9** lane pool **with a supervised warm-up and warm down area available**. Depth at start is 5ft and 4ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. **Colorado timing system with a(n) 9 lane display will be used.**

Course Certification

The competition course has not been certified in accordance with 104.2.2C(4)

Meet Format

This is a Long Course (LCM) meet. This meet will be Prelim/Finals for Open Age Group sessions and Timed Finals for 12 & under sessions on Saturday and Sunday. Both of Friday's 2 sessions are timed finals.

Finals will have 3 heats, "A" "B" and "C" Finals.

Eligibility

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

Entry Procedures

Entries may be submitted to the Administrative Official as of **May 20th, 2024 at 10am**. The Administrative Official must receive all entries no later than **June 10th, 2024 at midnight**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

Entry Acceptance and Processing

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

Individual Entry Limits

All swimmers may swim a maximum of 4 individual events on Friday.

12 & Under swimmers who *only* swim in an am session on Saturday or Sunday may swim in a maximum of 4 individual events per day.

All 13 & Over swimmers and 12 under swimmers who swim at least one event in an open session may swim in a maximum of 3 individual events per day.

Relays composition may be mixed (two (2) male and two (2) female athletes) or single gender.

We reserve the right to limit the number of swimmers accepted into the 800 and 1500. We also reserve the right to limit the number of relays in order to maintain the 4-hour time limit for 12 & under timed-final sessions. Any entries not accepted due to these limits will have entry fees refunded.

Entry Fees

\$5.00 per timed-final individual event, excluding distance events and **\$12.00** for relays. **\$7.50** per open prelim/final entry. **\$7.00** for the 800 free and **\$15.00** for the 1500 free events.

Make checks payable to **Dearborn Dolphins**

Surcharges

A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

A \$10 per athlete facility surcharge applies as well

Paper Entries

MS rules regarding non-electronic entries apply. **\$6.00** per timed-final individual event and **\$13.00** per relay. **\$8.50** per event for Open prelim/final entry. **\$8.00** for the 800 free and **\$16.00** for the 1500 free events. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Refunds

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Paperwork

Your club's Entry, Entry Summary Sheet, and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Dearborn Dolphins
P.O. Box 2134
Dearborn, MI 48124

DRDEntries@gmail.com

Check In

Check-in will be required and will be located **posted inside the bathhouse lobby.**

Scratch Rules:

Swimmers who qualify for finals are expected to compete in the finals session or scratch. Per USA National Scratch Rules---an athlete has 30 minutes after announcing and posting of prelims results to scratch or declare their intent to scratch. Scratches from finals will be taken only by **meet referee by the admin table.** Swimmers who do not scratch from a finals event and do not compete may be subject to consequences set forth in USA Swimming Rule 207.11.6(D) and (E).

Marshaling

This will be a self-marshaled meet. Heat Sheets will be posted in well trafficked areas.

Seeding

Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event.

Timed finals will be seeded slowest to fastest other than the 400 Free, 400 IM 800 Free and 1500 Free which will be seeded fastest to slowest.

All Saturday and Sunday morning Open Prelims will seeded slowest to fastest. Open Relays will only swim once, in the preliminaries. Relays will also be seeded slowest to fastest.

Finals information:

There will be three (3) heats of individual events at the finals (A Final, B Final, and C Final). Each heat is comprised of a maximum of eight (8) swimmers. These heats will swim in the following order:

C Consolation Final – Swimmers ranked 16-24 from the prelims

B Consolation Final – Swimmers ranked 9-16 from the prelims

A Championship Final – Fastest 8 from prelims

Deck Entries

Deck entries will be allowed.

Deck entries will cost **\$7.50** per individual, non-distance, timed-final event. **\$15.00** per relay. **\$10.00** per event for Open prelim/final entry. **\$9.50** for the 800 Free and **\$17.50** for the 1500 Free events.

Meet Programs/Admissions

Admissions will be \$5.00 a person (children 10 & Under free with a paying adult). Heat sheets will be available for purchase for \$3.00 at the admissions table. Heat sheets will be

posted for public viewing, and unofficial results may appear on Meet Mobile pending internet connectivity.

Scoring

No scoring will be kept.

Awards

Awards will be given for 12 & Under events only. Ribbons for 1st through 8th place for individual events and 1st through 6th place for relays. Awards for the 12 & under individual events will be broken into the following age groups: 8 and under, 9-10, and 11-12 for individual events. Relay awards will be considered as 12 & under combined.

Results

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions

Concessions will be available at the entrance to the pool deck. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found

Articles may be turned in/picked up at the awards area inside the bathhouse. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Racing Start Certification

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal

assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

First Aid

Supplies will be kept in **pool office**.

Medical Supervision

Dunworth Pool will have a lifeguard and an AED device available.

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the **pool office**.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Meet Personnel

Meet Director: Leslie Riehl / (313) 333-2427 / Leslie.A.Riehl@gmail.com (Must be a USA Swimming member)

Meet Referee: Jeff Wilkins / (313) 574-3638 / Jeffrey.Wilkins@comcast.net

Safety Marshal: Kristine Stetz / (313) 530-6279 / kStetz324@hotmail.com

Administrative Official: Alyssa De Leon / (313) 399-8289 / drdentries@gmail.com

Event Schedule

Sanction Number: MI2324128

Friday Sessions

Friday AM Session – Distance Timed Finals Session 1		Event
1	Open Mixed	800 Free
2	Open Mixed	1500 Free

Friday PM Session – Timed Finals Session 2		Event
3	12 & Under Mixed	50 Back
4	Open Mixed	100 Back
5	12 & Under Mixed	400 Free
6	Open Mixed	400 Free
7	12 & Under Mixed	100 Free

8	Open Mixed	100 Free
9	12 & Under Mixed	200 IM
10	Open Mixed	400 IM
11	Open Mixed	800 Free Relay

Saturday AM Session

Saturday AM Session - Open Prelims - Session 3				
Girls #	Age Group	Event	Age Group	Boys #
12	Open	200 IM	Open	13
14	Open	100 Back	Open	15
16	Open	50 Fly	Open	17
18	Open	100 Breast	Open	19
20	Open	50 Back	Open	21
22	Open	200 Fly	Open	23
24	Open	100 Free	Open	25
26	Open Mixed Timed Finals	Mixed 400 Medley Relay	Open Mixed Timed Finals	26

Saturday PM Session

Saturday PM - 12 & Under Timed Finals - Session 4		
Mixed #		Event
27	12 & Under Mixed	100 Free
28	12 & Under Mixed	50 Backstroke

29	12 & Under Mixed	100 Breaststroke
30	12 & Under Mixed	50 Butterfly
31	12 & Under Mixed	200 IM
32	12 & Under Mixed	50 Freestyle
33	12 & Under Mixed	400 Medley Relay

Saturday Final Session

Saturday Evening Session - Open Finals - Session 5				
Girls #	Age Group	Event	Age Group	Boys #
12	Open	200 IM	Open	13
14	Open	100 Back	Open	15
16	Open	50 Fly	Open	17
18	Open	100 Breast	Open	19
20	Open	50 Back	Open	21
22	Open	200 Fly	Open	23
24	Open	100 Free	Open	25

Sunday AM Session

Sunday AM Session - Open Prelims - Session 6				
Girls #	Age Group	Event	Age Group	Boys #
34	Open	200 Free	Open	35
36	Open	200 Breast	Open	37

38	Open	100 Fly	Open	39
40	Open	50 Breast	Open	41
42	Open	200 Back	Open	43
44	Open	50 Free	Open	45
46	Open Mixed Timed Finals	Mixed 400 Free Relay	Open Mixed Timed Finals	46

Sunday PM Session

Sunday PM - 12 & Under Timed Finals - Session 7			
Mixed #		Event	
47	12 & Under Mixed	200 Free	
48	12 & Under Mixed	100 Backstroke	
49	12 & Under Mixed	50 Breaststroke	
50	12 & Under Mixed	100 Butterfly	
51	12 & Under Mixed	50 Freestyle	
52	12 & Under Mixed	400 Free Relay	

Sunday Final Session

Sunday Evening Session - Open Finals - Session 8				
Girls #	Age Group	Event	Age Group	Boys #
34	Open	200 Free	Open	35
36	Open	200 Breast	Open	37
38	Open	100 Fly	Open	39

40	Open	50 Breast	Open	41
42	Open	200 Back	Open	43
44	Open	50 Free	Open	45