



SCAR Pan Am Winter Classic -- 2024

Dates	January 19-21, 2024
Host	Scarborough Swim Club
Region / Location	Central Region / Toronto
Facility	Toronto Pan Am Sports Centre 875 Morningside Ave, Toronto, ON M1C 0C7 1 X 50m 10 lane pool with electronic timing
Meet Package	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca
Competition Coordinator	Mary Jane Smith (Level 5) mjsmith@bell.net
Meet Managers	Heba Afify & Julia Landry meets@scarswimming.ca
Officials Coordinator	Linda Nolan officials@scarswimming.ca
Description	Long Course // Double Ended Invitational Meet 13 & Over: Includes preliminaries and "A" finals for 13, 14, 15, 16 & Over

13 & Over: Timed final events for some 50 metre events, 200 FL and all 400 metre events.

All events timed finals for 12 & Under.

Participant Safety Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The [Swim Ontario Concussion Management](#) the [Swimming Canada Event Photography and Videography](#) and the Swim Ontario Event Photography procedures will be in effect. For complete details click [HERE](#).

Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on the deck.
Spectators will be permitted at the discretion of the facility.

Competition Rules All current Swimming Canada rules will be followed.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Please note that [Swimming Canada Competition Warm-Up Safety Procedures](#) and Swim Ontario warm-up safety rules will be in effect. Details [HERE](#)

Dive Starts As per the Facility Rules for Dive Start, this competition will be conducted from Starting Platforms (blocks) as per World Aquatics II.16.1.4 and 4.1, Swimming Canada C16.1.4.1, C4.1.1 & C4.1.2 from both ends

Eligibility All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registration status will be declined entry. This event is sanctioned as an Invitational and as such participation at this meet is at the full discretion of the host club.

Para Swimming Paralympic swimmers are welcome to enter any events and will swim with the Olympic stream athletes. Seeding and lane assignments will be accommodated as needed.

There will be a dedicated lane for warm-up.

Will be judged according to the IPS rules.

Foreign Competitors Foreign competitors/teams are welcome, subject to the provisions below.

All foreign competitors must be registered with an amateur swimming organization recognized by World Aquatics. All foreign swimmers and coaches

must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.

All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

Mixed Gender

An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.

In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc., whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.

Age Up-Date

Ages submitted are to be as of **January 19, 2024** (first day of the meet).

Entries

Entries must be submitted through the Swimming Canada online entries system at www.swimming.ca and must include all attending coaches. Meet management will:

- not accept entries via email;
- notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries;
- notify clubs of any meet format changes or designated warm-up times at least 5 days prior to the start of the competition.

Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.

Entries must include all attending coaches and must be submitted by **Monday January 8, 2024 at 11:59 pm**

Changes to entries will not be accepted after **January 10, 2024 at 11:59pm**. After that time, fees will be calculated; no refunds will be granted for missed swims.

NT entries are not permitted. Entries must be submitted using provable times.

Swimmers may enter a maximum of 3 events per session.

Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.

Qualifying standard for entry is the minimum 'Meet' standard where indicated.

Qualifying Period: January 1, 2019

Meet Management reserves the right to change warm-up session times and start times and to allocate team warm-up schedules.

The Scarborough Swim Club reserves the right to allow all their swimmers to enter this meet regardless of the time standards.

Conversion All entries must be submitted in LCM. Conversion from SCM is permitted at 2%.

Event Fees \$15 Sprint and Mid-Distance Events (200m and less)
\$20 Distance Events (400m and more)
\$5 Swimmer Fee (one-time)

Please make cheques payable to: **Scarborough Swim Club**

Payment may be made by **e-transfer to:** treasurer@scarswimming.ca no later than **Jan 18, 2024**.

Coaches Registration Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliance lists](#). If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

Competition Limit Meet management will have the discretion to limit the number of participating athletes with an expected meet size of 1000 athletes. Split Warm-Up Schedule will be posted accordingly and in a timely manner.

Sessions Jan 19, 2024 --
Friday Afternoon Session (13&O):
1:30-3:00pm Split Warm-Up
3:00pm Start (maximum session length 4.5 hours)

Jan 20 & 21, 2024 --
Saturday & Sunday Morning Sessions (13&O)
6:30-8:00am Split Warm-Up
8:00am Start (maximum session length 4.5 hours)

Saturday & Sunday Afternoon Sessions (12&U)
12:30-1:30pm Warm-Up
1:30pm Start (maximum session length 4.5 hours)

Saturday & Sunday Evening Sessions (13&O Finals)
5:45-6:30pm Warm-Up
6:30pm Start

Schedule of Events	See Appendix
Seeding	Swimmers will be seeded slowest to fastest for all events, except the 400 metre events which will be seeded fastest to slowest.
Official Splits	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee at least 30 minutes prior to the commencement of the session in which the event will take place.
Deck Entries	No deck entries allowed.
Check In and Scratches	<p>Scratches are to be made at the Administrative Desk 30 minutes prior to the start of each session.</p> <p>No scratch penalty shall be imposed for Prelims and Timed Finals.</p> <p>All scratches from FINALS must be made within 30 minutes of the conclusion of the Preliminary Session to allow proper seeding and notification of alternates.</p> <p>Scratching from Finals after the final scratch deadline, or failure to participate in an individual final will result in a \$50.00 fine for each offence – payable to Scarborough Swim Club. This fine applies to originally named finalists & 2 alternates. Failure to pay (or agreement to pay) before the swimmer's next event will exclude the swimmer from further participation in the meet.</p>
Records	Swim times achieved at this event will be eligible for Provincial and National Records. Swim Ontario has a certified pool length survey for the aforementioned swimming pool.
Awards	<p>There will be no scoring.</p> <p>Medals for 1st-3rd and ribbons for 4th-10th place for individual events.</p> <p>Individual awards and results will be broken out by gender and age group. (10&U, 11, 12, 13, 14, 15, 16&O)</p>
Meet Results	Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca . The meet program will be run on Hy-Tek Meet Manager. Meet Mobile is available.

Appendix: Schedule of Events

Session 1: Friday PM Jan 19, 2024 (13&O PRELIM) Start: 3:00pm		
Women	Event	Men
1	200 IM (Adv to Sun Finals)	2
3	50 BK (TF)	4
5	100 FR (Adv to Sat Finals)	6
7	200 FL (TF, Q3:30.00)	8

Session 2: Saturday AM Jan 20, 2024 (13&O PRELIM) Start: 8:00am		
Women	Event	Men
9	200 BK	10
11	50 BR (TF)	12
13	100 FL	14
15	200 BR (Q3:40.00)	16
17	50 FR	18
19	400 FR (Limited Heats, TF, Q6:00.00)	20

Session 3: Saturday PM (12&U) Start: 1:30pm		
Girls	Event	Boys
21	200 IM (TF)	22
23	100 FR (TF)	24
25	50 FL (TF)	26
27	200 BK (TF, Q 3:40.00)	28
29	100 BR (TF)	30
31	50 BK (TF)	32
33	200 FL (TF, 11-12, Q3:40.00)	34
35	400 FR (Limited Heats, TF, 11-12, Q6:30.00)	36

Session 4: Saturday FINALS (13&O) Start: 6:30pm		
Women	Event	Men
5	100 FR	6
9	200 BK	10
13	100 FL	14
15	200 BR	16
17	50 FR	18

Session 5: Sunday AM Jan 21, 2024 (13&O PRELIM) Start: 8:00am		
Women	Event	Men
37	100 BK	38
39	50 FL (TF)	40
41	200 FR	42
43	100 BR	44
45	400 IM (Limited Heats, TF, Q6:30.00)	46

Session 6: Sunday PM (12&U) Start: 1:30pm		
Girls	Event	Boys
47	100 BK (TF)	48
49	50 BR (TF)	50
51	200 FR (TF)	52
53	100 FL (TF)	54
55	50 FR (TF)	56
57	200 BR (TF, 11-12, Q3:50.00)	58
59	400 IM (TF, 11-12, Q7:00.00)	60

Session 7: Sunday FINALS (13&O) Start: 6:30pm		
Women	Event	Men
1	200 IM	2
37	100 BK	38
41	200 FR	42
43	100 BR	44

As outlined in the policies and procedures during competitions it is the responsibility of the participants (coaches and swimmers) to abide by pool rules. In the event that a participant is not following the provided rules and regulations, TPASC reserves the right to dismiss a participant from continuing in the event.

2.15 Patron Behavior

- **COVID-19**
 - Social distancing is encouraged where possible. When social distancing is not possible, mask use continues to be recommended.
 - If a swimmer has any signs of COVID-19 symptoms, they should stay home.
- **No food or drinks on deck. No gum.**
- Deck Changing is not permitted in the facility. Changerooms and on-deck washrooms are available for use to change in and out of swimsuits.
- Glass bottles or other glass objects are prohibited in the pool areas including the pool deck, change rooms and hallways.
- Socializing with or distracting pool staff, including lifeguards, is prohibited.
- No person within the pool area shall behave in such a manner as to jeopardize the safety and health of himself/herself and others. Such behavior, including abusive or profane language, may result in being asked to leave.
- Running, boisterous or rough play, pushing, acrobatics, dunking, wrestling, offensive or disruptive splashing or yelling, diving or jumping without care and caution, snapping of towels, improper conduct causing undue disturbances on or about the pool area or any acts which would endanger any patron are prohibited.
- Spitting, spouting water, blowing nose, urinating or defecating in the pool is prohibited.
- *All minor rule infractions warrant a verbal warning along with a brief explanation of why the rule is enforced.*
- *If a swimmer repeatedly breaks rules or regulations, making it absolutely necessary for discipline purposes to send him/her home for a period of time, the Deck Supervisor must document the situation on an Incident Report Form.*
- *Should there be any instances where longer suspensions are recommended, the Deck Supervisor is to discuss details with Aquatics Management staff who shall decide the appropriate course of action.*

In the event that a participant is repeatedly breaking a pool rule there will be a three strike rule in the following order:

- 1) Lifeguard speaks to participant and deck supervisor/management is notified.
- 2) Lifeguard/deck supervisor will identify participant to coaches and have coach speak to swimmer → Meet Manager will be made aware of this step.
- 3) Aquatics Management and Meet Manager dismiss swimmer after being warned.

TPASC requests that all participants involved in the event are made aware of all facility policies and procedures and that the Competition Dismissal Policy is known and understood by all participants.

We appreciate your cooperation and understanding to keep our facility as safe and pristine as possible.