



Barracuda

High Performance Barracuda Group. Trains 8 times in the water with three 1 hour dryland sessions during the week.

[One Swimmer Family or First Swimmer Families](#)
[Second, Third and Fourth Swimmer Families](#)

ALL REQUIRED FORMS ARE FOUND ON THE WEST WEBSITE

WWW.WESTSWIM.CA

- 1) REGISTRATION FORMS
- 2) SIGNED CODE OF CONDUCT
- 3) SIGNED PARENTAL VOLUNTEER AGREEMENT ALONG WITH THE \$500 CHEQUE MADE OUT TO 'WEST MEETS' DATED JUNE 30, 2024.

OR

SIGNED CREDIT CARD AUTHORIZATION

YOUR REGISTRATION WILL NOT BE ACCEPTED UNLESS THE ABOVE REQUIREMENTS ARE MET.

EQUIPMENT REQUIRED:

SWIM GOGGLES, PROPERLY SIZED KICKBOARD, PROPERLY SIZED PULLBOY, PROPERLY SIZED SWIM FINS, PROPERLY SIZED SWIM PADDLES, SWIM SNORKEL, MESH BAG AND A REFILLABLE WATER BOTTLE

SWIM SUITS:

FEMALES: 1 PIECE SUITS

MALES: JAMMER OR BRIEF STYLE

EQUIPMENT AVAILABLE AT

LY SPORTS

1315 WYANDOTTE STREET EAST