



### **Bronze**

Bronze group will train for 30 minutes, 2 times per week.

[One Swimmer Family or First Swimmer Families](#)  
[Second, Third and Fourth Swimmer Families](#)

ALL REQUIRED FORMS ARE FOUND ON THE WEST WEBSITE

[WWW.WESTSWIM.CA](http://WWW.WESTSWIM.CA)

- 1) REGISTRATION FORMS
- 2) SIGNED CODE OF CONDUCT

**YOUR REGISTRATION WILL NOT BE ACCEPTED UNLESS  
ALL ABOVE REQUIREMENTS ARE MET.**

EQUIPMENT REQUIRED:

SWIM GOGGLES, PROPERLY SIZED KICKBOARD, A REFILLABLE WATER BOTTLE

SWIM SUITS

FEMALES: 1 PIECE

MALES : JAMMER OR BRIEF STYLE

EQUIPMENT AVAILABLE AT

LY SPORTS

1315 WYANDOTTE STREET EAST