



WEST INTERNATIONAL 2018



DATE(S): July 7 -8 2018 Region: Western

HOSTED BY: Windsor Essex Swim Team

LOCATION: Windsor International Aquatic Training Centre

FACILITY: 71 m by 25 m 10 Lane pool with 3m bulkhead dividing 50 m competition pool from the 6 lane warm-down pool.

Omega Quantum Electronic timing and LED display scoreboards with Hy-Tek Meet Manager for scoring.

Touch pads at both ends and non-turbulent lane markers.

Spectator seating will be upstairs on the mezzanine level.

PURPOSE: Long Course Invitational Meet with no Qualifying Times

MEET PACKAGE: The only meet package which will be considered as valid must be the most current version found on www.swimming.ca

COMPETITION COORDINATOR: Dave Denyer , Level V, Email : dave.denyer@sympatico.ca

MEET MANAGER: Shawn Taylor, Level III, Email: crazyswimfam@gmail.com

OFFICIALS COORDINATOR: Julia Bujak, Email: zukchem@gmail.com

DESCRIPTION:

Long course meters
12 and under individual events and relays are timed finals
13 and over individual events will have preliminaries and finals. There will be A & B finals for all 50 M and 100 M races that have 30 swimmers or more registered in the event. The 400m freestyle and 400 IM will be timed finals only.
13 and over relays are timed finals.

COMPETITION RULES:

Sanctioned by Swim Ontario.
All current Swimming/Natation Canada (SNC) rules will be followed.
Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).

For club and provincial meets, a swimsuit that covers more of the body such as modesty swimwear or religious cover-ups is permitted providing that the fabric is permeable open mesh textile material and does not give the swimmer an advantage. The full interpretation can be viewed [HERE](#). Advanced notification or for clarification of interpretation please see the Competition Coordinator.

AGE UP DATE:

Ages submitted are to be as: July 7, 2018

MIXED-GENDER:

Notwithstanding Rule SW 10.1, due to facility and time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender. Mixed gender swims may be permitted when, due to a missed swim, it is necessary for a referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis. In spite of this rule, any swimmer who achieves a record time at any level will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

ELIGIBILITY:

All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry. Foreign competitors are welcome, subject to the provisions below.

**FOREIGN
COMPETITORS:**

All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.

All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

ENTRY FEE:

Swimmer Fee: \$5
Individual Events \$ 10
Relays Events: \$ 15
Please make cheques payable to: WEST MEETS

ENTRIES:

Entries must be submitted through the SNC online entries system at www.swimming.ca .
Meet Management will not accept entries via email.
Foreign Non-SNC Swimmers can email the Meet Manager your entries.
Online Entry Deadline: June 24, 2018

Changes to entries will not be accepted after June 29, 2018. After that time, fees will be calculated; no refunds will be granted for missed swims.

NT entries are not permitted for 400 M free or 400 IM.

SEEDING/ CONVERSION:

Heats will be seeded slowest to fastest except for 400 M Free and 400 IM which will be seeded fastest to slowest.

Seeding will be in order of times entered, as converted pursuant to the conversion process as per meet package, followed by swimmers entered with NT (no times).

All entries must be submitted using long course times in meters (LCM).

Please use Hy-Tek default conversion of times to LC times before submitting entries.

SCHEDULE OF SESSIONS:

<u>Session #</u>	<u>Date</u>	<u>Prelim/Finals</u>	<u>Warm Up</u>	<u>Start</u>	<u>Finish</u>	<u>Estimated Duration</u>
<u>1</u>	July 8/17	<u>13 & Over P & F</u>	<u>7:00 – 7:50 am</u>	<u>8:00 am</u>	<u>12:00 pm</u>	<u>4.0</u>
<u>2</u>	July 8/17	<u>12 & Under F</u>	<u>12:00 – 12:50 pm</u>	<u>1:00 pm</u>	<u>5:00 pm</u>	<u>4.0</u>
<u>3</u>	July 8/17	<u>13 & Over F</u>	<u>5:00 – 5:50 pm</u>	<u>6:00 pm</u>	<u>9:00 pm</u>	<u>3.0</u>
<u>4</u>	July 9/17	<u>13 & Under P&F</u>	<u>7:00 – 7:50 am</u>	<u>8:00 am</u>	<u>12:00 pm</u>	<u>4.0</u>
<u>5</u>	July 9/17	<u>12 & Under F</u>	<u>12:00 – 12:50 pm</u>	<u>1:00 pm</u>	<u>5:00 pm</u>	<u>4.0</u>
<u>6</u>	July 9/17	<u>13 & Over F</u>	<u>5:00 – 5:50 pm</u>	<u>6:00 pm</u>	<u>9:00 pm</u>	<u>3.0</u>

SESSION TIMES:

In order to abide by Swim Ontario Sanctioned guidelines and limit session lengths to no more than 4.5 hours, Meet Management reserves the right to:

1. Amend warm-up and start times according to number of entries received.
 2. Cancel relays should sessions run late.
 3. Limit number of swimmers in an event and or run events in multiple sessions if necessary.
 4. Limit number of heats in any particular event(s).
 5. To swim slower heats of 400 m Freestyle to 2 swimmers per lane.
 6. Adjust sessions to allow number of entries to compete. (ex. Split session 1 into 2 sessions)
- An updated schedule will be posted on the West website as soon as it becomes available.

SCHEDULE OF EVENTS: See event list - Appendix

COACH'S REGISTRATION:

Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

TIME SPLITS:

The procedure for obtaining an 'Official Split' now requires that coaches make the request to the session referee and or meet management on the "Official Split Request" form prior to the race. The split for the lead-off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays. However, in the new 'mixed gender' relays, lead-off times/splits are not considered "official splits" as per international practice.

Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

Coaches must provide 3 timers and produce them to the Timing office to get the proper paperwork and stop watches to record the requested Time Split.

DECK ENTRIES:

Deck Entries are Exhibition Only.

They are not eligible for awards.

Deck entries will be accepted for empty lanes only (no new heats will be created).

Swimmers entered on deck must have valid proof of SNC registration (number) as an active, registered, competitive swimmer.

Individual Events \$15

Relays \$20

CHECK IN AND SCRATCHES:

All swimmers are required to check in with the Clerk of Course 30 minutes prior to each swim

There is a positive check in for 400 M freestyle and 400 IM

Scratches are to be made at the clerk of course desk 30 minutes prior to the start of each Session

No scratch penalty shall be imposed for late or day of scratches.

Scratches from prelims for finals must be made 30 minutes following the posting of results of last event of prelims sessions.

SCORING:

No Scoring

AWARDS:

The following will be awarded:

Medals for 1st to 3rd in individual events

Ribbons for 4th to 10th place in individual events

Age groups for **Individual events** will be the following:

10 & under, 11,12,13,14, 15 & over

Ribbons for 1st to 3rd place for relays

Age groups for **relays** will be the following:

10 & under, 11-12, 13-14, 15 & over

MEET RESULTS:

Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca

The meet program will be run on Hy-Tek Meet Manager.

Results will be posted as quickly as possible at the meet.

Live Results / Meet Mobile are available.

RECORDING
OF EVENT:

Only individuals that have made application and received authorization to record the event in any manner, in any medium or context now known or hereafter developed shall be granted access and permission to do so. Please contact Meet Management for application and authorization.

SAFETY &
LIABILITY:

Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

OFFICIALS:

Officials registered with Swimming Canada are invited to assist at the meet. Please email zukchem@gmail.com if you are able to assist. Officials to assemble in the officials lounge 40 minutes prior to session starts.

Appendix

Event List

<i>Session 1</i>		
<i>13 & Over (Prelim & Finals)</i>		
<i>Saturday, July 8, 2017</i>		
<i>Warm-up: 7:00 AM -- Start: 8:00 AM</i>		
<i>Women</i>		<i>Men</i>
<i>1</i>	<i>13 -14 200 Back(Prelim)</i>	<i>2</i>
<i>3</i>	<i>15 & Over 200 Back(Prelim)</i>	<i>4</i>
<i>5</i>	<i>13-14 100 Breast (Prelim)</i>	<i>6</i>
<i>7</i>	<i>15 & Over 100 Breast (Prelim)</i>	<i>8</i>
<i>9</i>	<i>13-14 50 Fly (Prelim)</i>	<i>10</i>
<i>11</i>	<i>15 & Over 50 Fly (Prelim)</i>	<i>12</i>
<i>13</i>	<i>13-14 50 Back (Prelim)</i>	<i>14</i>

15	15 & Over 50 Back (Prelim)	16
17	13-14 100 Free (Prelim)	18
19	15 & Over 100 Free (Prelim)	20
21	13-14 200 Fly (Prelim)	22
23	15 & Over 200 Fly (Prelim)	24
25	13-14 200 IM (Prelim)	26
27	15 & Over 200 IM (Prelim)	28
29	13-14 400 Free (Finals)	30
31	15 & Over 400 Free (Finals)	32
213	13-14 IM Relay (Finals)	214
215	15 & Over IM Relay (Finals)	216

<p>Session 2</p> <p>12 & Under (Finals)</p> <p>Saturday, July 8, 2017</p> <p>Warm-up: 12:00 PM -- Start:1:00 PM</p>		
<i>Women</i>		<i>Men</i>
33	10 & Under 200 Back	34
35	11-12 200 Back	36
37	10 & Under 100 Breast	38
39	11-12 100 Breast	40
41	10 & Under 50 Fly	42
43	11-12 50 Fly	44
45	10 & Under 50 Back	46
47	11-12 50 Back	48
49	10 & Under 100 Free	50

51	11-12 100 Free	52
53	10 & Under 200 Fly	54
55	11-12 200 Fly	56
57	10 & Under 200 IM	58
59	11-12 200 IM	60
61	10 & Under 400 Free	62
63	11-12 400 Free	64
209	10 & Under 200 IM Relay	210
211	11-12 200 IM Relay	212

<p>Session 3</p> <p>13 & Over Finals</p> <p>Saturday, July 8, 2017</p> <p>Warm-up: 5:00 PM -- Start: 6:00 PM</p>		
<i>Women</i>		<i>Men</i>
1	13-14 200 Back	2
3	15 & Over 200 Back	4
5	13-14 100 Breast	6
7	15 & Over 100 Breast	8
9	13-14 50 Fly	10
11	15 & Over 50 Fly	12
13	13-14 50 Back	14
15	15 & Over 50 Back	16
17	13-14 100 Free	18
19	15 & Over 100 Free	20
21	13-14 200 Fly	22

23	15 & Over 200 Fly	24
25	13-14 200 IM	26
27	15 & Over 200 IM	28

<p>Session 4</p> <p>13 & Over (Prelim & Finals)</p> <p>Sunday, July 9, 2017</p> <p>Warm-up: 7:00 AM -- Start: 8:00 AM</p>		
<i>Women</i>		<i>Men</i>
65	13-14 200 Breast (Prelim)	66
67	15 & Over 200 Breast (Prelim)	68
69	13-14 100 Back (Prelim)	70
71	15 & Over 100 Back (Prelim)	72
73	13-14 50 Breast (Prelim)	74
75	15 & Over 50 Breast (Prelim)	76
77	13-14 50 Free (Prelim)	78
79	15 & Over 50 Free (Prelim)	80
81	13-14 100 Fly (Prelim)	82
83	15 & Over 100 Fly (Prelim)	84
85	13-14 200 Free (Prelim)	86
87	15 & Over 200 Free (Prelim)	88
111	Open 400 IM (Finals)	112
205	13-14 200 Free Relay (Finals)	206
207	15 & Over 200 Free Relay (Finals)	208

Session 5

12 & Under (Finals)

Sunday, July 9, 2017

Warm-up: 12:00 PM -- Start: 1:00 PM

<i>Women</i>		<i>Men</i>
<i>89</i>	<i>12 & Under 200 Breast</i>	<i>90</i>
<i>91</i>	<i>10 & Under 100 Back</i>	<i>92</i>
<i>93</i>	<i>11-12 100 Back</i>	<i>94</i>
<i>95</i>	<i>10 & Under 50 Breast</i>	<i>96</i>
<i>97</i>	<i>11-12 50 Breast</i>	<i>98</i>
<i>99</i>	<i>10 & Under 50 Free</i>	<i>100</i>
<i>101</i>	<i>11-12 50 Free</i>	<i>102</i>
<i>103</i>	<i>10 & Under 100 Fly</i>	<i>104</i>
<i>105</i>	<i>11-12 100 Fly</i>	<i>106</i>
<i>107</i>	<i>10 & Under 200 Free</i>	<i>108</i>
<i>109</i>	<i>11-12 200 Free</i>	<i>110</i>
<i>201</i>	<i>10 & Under 200 Free Relay</i>	<i>202</i>
<i>203</i>	<i>11-12 200 Free Relay</i>	<i>204</i>

Session 6

13 & Over Finals

Sunday, July 9, 2017

Warm-up: 5:00 PM -- Start:6:00 PM		
Women		Men
65	13-14 200 Breast	66
67	15 & Over 200 Breast	68
69	13-14 100 Back	70
71	15 & Over 100 Back	72
73	13-14 50 Breast	74
75	15 & Over 50 Breast	76
77	13-14 50 Free	78
79	15 & Over 50 Free	80
81	13-14 100 Fly	82
83	15 & Over 100 Fly	84
85	13-14 200 Free	86
87	15 & Over 200 Free	88

Hotel Information

Hotel Name	Rate	Rooms			Details
		July 6th	July 7th	July 8th	
Best Western PLUS Waterfront Hotel	\$145.00	50	50	50	Two Queens
Sue Levasseur sue@windsor-hotel.ca 519-973-4215 277 Riverside Drive West					
Comfort Inn	\$140.00	10	10	10	One Queen
Stephanie Middleton stephanie@sunraygroup.ca 226-280-4765 2955 Dougall Avenue	\$140.00	30	30	30	Two Queens

Comfort Inn & Suites	\$140.00	20	20	20	One Queen
Stephanie Middleton stephanie@sunraygroup.ca 226-280-4765 2330 Huron Church Road	\$140.00	40	40	40	Two Queens

Comfort Suites	\$140.00	15	15	15	Two Queens
Stephanie Middleton stephanie@sunraygroup.ca 226-280-4765 500 Tuscarora Road East					

Hampton Inn & Suites	\$149.00	40	40	40	One King
Gail Major gail.major2@hilton.com (519) 976-2003 1840 Huron Church Road	\$155.00	10	10	10	Two Queens

Holiday Inn & Suites Ambassador Bridge	\$149.00	15	15	5	Two Queens
Kim McDonald kim.mcdonald@whg.com (519) 966-3274 1855 Huron Church Road	\$159.00	15	15	5	King Suite

Sunbridge Hotel & Conference Centre	\$149.00	40	40	20	Two Doubles
Luisa Moro luisa.moro@sunraygroup.ca (519) 256-4656 430 Ouellette Avenue					

Holiday Inn Express Downtown	\$150.00	50	50	20	Two Queens
Heather Nantau Sales@windsor-downtown.com (519) 258-7774 Ext. 7100 33 Riverside Drive East	\$150.00	10	10	5	One King

Quality Inn & Suites	\$140.00	22	22	22	One King
Rashmi Juneja 519-258-8411 675 Goyeau Avenue sales@qualityinnwindsor.com	\$140.00	79	79	79	Two Queens

Towneplace Suites by Marriott	\$159.00	5	5	5	One King
Paula Beach paula@sunraygroup.ca 519-564-9833 250 Dougall Avenue	\$169.00	15	15	15	Two Queens