



# West International 2020



**DATE(S):** June 13 – 14, 2020 Region: Western

**HOSTED BY:** Windsor Essex Swim Team

**LOCATION:** Windsor International Aquatic and Training Centre, 401 Pitt Street West, Windsor, Ontario

**FACILITY:** 71 m by 25 m 10 Lane pool with 3m bulkhead dividing 50 m competition pool from the 6 lane warm-down pool.

Omega Quantum Electronic timing and LED display scoreboards with Hy-Tek Meet Manager for scoring.

Touch pads at both ends and non-turbulent lane markers.

Spectator seating will be upstairs on the mezzanine level

**PURPOSE:** Long Course Invitational Meet with no Qualifying Times

**MEET PACKAGE:** The only meet package which will be considered as valid must be the most current version found on [www.swimming.ca](http://www.swimming.ca)

**SAFETY & LIABILITY:** Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For additional resources click [HERE](#).

Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

### Rowan’s Law – Concussion Management

The Rowan’s Law requirements came into effect on July 1, 2019. Swim Ontario takes the health and well-being of all participants in sport and recreation activities very seriously and is committed to helping all in the Swim Ontario family succeed in swimming and other activities. Parents, coaches, officials, volunteers and swimmers all have a role to play in ensuring the safety of all participants at sanctioned competitions in Ontario. We must create an environment that encourages and motivates participants to assume responsibility for their own safety and the safety of others. Until further protocols or procedures are in place, the concussion management protocol will take effect for all

participants at a Swim Ontario sanctioned competition that are involved in an incident resulting in a significant impact to the head, face, neck or body. If symptoms of a possible concussion are present the participant shall be removed from any further Swim Ontario sanctioned activity until they receive Swim Ontario approval upon clearance, in writing, by a medical professional with experience in concussion treatment/protocols. For full details and resources on Rowan's Law and Concussion management protocols click [HERE](#).

#### Open and Observable Environment

Swimming Canada and Swim Ontario is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

#### Event Photography/Videography

In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Ontario sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. For full details click [HERE](#)

Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access to the designated deck area and permission to do so. Please contact Meet Management for application and authorization.

#### COMPETITION

COORDINATOR: Dave Denyer, Level V, Email: [davedenyer@sympatico.ca](mailto:davedenyer@sympatico.ca)

MEET MANAGER: Shawn Taylor Level IV, Email: [meetmanager@westmeets.ca](mailto:meetmanager@westmeets.ca)

DESCRIPTION: Long Course meters competition with no time standards. 13 & Over Prelims with AB Finals for all events that have more than 30 participants except 400 M Freestyle and 400 IM which will be timed finals. 12 & Under Timed Finals. Relays provided for both 13 & Over and 12 & Under categories.

COMPETITION RULES: Sanctioned by Swim Ontario.  
All current Swimming Canada (SC) rules will be followed.

All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click [HERE](#) to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator. Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).

DIVE STARTS: As per the Facility Rules for Dive Starts, this competition will be conducted as follows:

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1 from both ends

**RECORDS:** Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.

**AGE UP-DATE:** Ages submitted are to be as: June 13, 2020

**MIXED-GENDER:** An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.

In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.

**ELIGIBILITY:** All athletes must be registered as Competitive swimmers with Swimming Canada (SC) and have a valid SC registration number. Entries without a valid SC registration number and registration status will be declined entry.

Preference will be given to the host club first.

This is an invitational meet. Participation of this meet is at the full discretion of the host club.

Meet Management reserves the right to further limit individual swims to 3 per session and to limit heats if necessary to keep session times to within 4.5 hours.

Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

**ENTRY FEE:**

Individual Events \$ 12.00

Relays Events: \$ 15.00

Swimmer Fee: \$ 8.00

Please make cheques payable to: **West Meets**----- not Windsor Essex Swim Team

**ENTRIES:** Entries must be submitted through the Swimming Canada online entries system at [www.swimming.ca](http://www.swimming.ca). Meet Management will not accept entries via email unless if needed by our foreign competitors. Online Entry Deadline: May 29, 2020

Changes to entries will not be accepted after June 5, 2020. After that time, fees will be calculated; no refunds will be granted for missed swims.

Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not enter swimmers with "NT".

NT entries are **not** permitted for the 400 Freestyle and 400 IM events.

There is no Qualifying standards for entry.

Swimmers may swim maximum of 5 events per session.

Relay swimmers must be entered in a non-relay event in order to compete.

**CONVERSION:** Entry times are not to be converted. Please submit times in course achieved. Times will be converted by the host, using Hy-tek default conversion factor.

**SEEDING:** Seeding will be in order of times entered, as converted pursuant to the conversion process as per meet package. Followed by swimmers entered with NT (no times) except 400 Free and 400 IM events where NT are not accepted.

**SCHEDULE OF SESSIONS:**

<u>Session #</u>	<u>Date</u>	<u>Prelim/Finals</u>	<u>Warm Up</u>	<u>Start</u>	<u>Finish</u>	<u>Estimated Duration</u>
1	June 13/2020	13 & Over Prelims	7:00 am – 7:50 am	8:00 am	12:00 pm	4.0
2	June 13/2020	12 & Under Timed Finals	12:00 pm – 12:50 pm	1:00 pm	5:00 pm	4.0
3	June 13/2020	13 & Over Finals	5:00 pm – 5:50 pm	6:00	8:30 pm	2.5
4	June 14/2020	13 & Over Prelims	7:00 am – 7:50 am	8:00 am	12:00 pm	4.0
5	June 14/2020	12 & Under Timed Finals	12:00pm – 12:50 pm	1:00 pm	5:00 pm	4.0
6	June 14/2020	13 & Over Finals	5:00 pm – 5:50 pm	6:00 pm	8:30 pm	2.5

**SCHEDULE OF EVENTS:** See event list - Appendix

**COACH'S**

**REGISTRATION:** Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliance lists](#). If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

**COACH'S MEETING:** Coaches will receive updated meet information via Swim Canada email system.

- TIME SPLITS:** Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. The coach requesting a split time must provide 3 of their own timers. They must present themselves to the Meet Management office prior to the event in order to receive the clip board and the 3 watches which will be used to obtain requested split time. Split time requests will not be granted for relay swimmers except for the first swimmer where it is deemed to be an official time.
- DECK ENTRIES:** Deck Entries are Exhibition Only. They are not eligible for awards.
- Deck entries will be accepted for empty lanes only (no new heats will be created).  
Swimmers entered on deck must have valid proof of SNC registration (number) as an active, registered, competitive swimmer.
- Individual Events: \$15.00 per event  
Relay Events : \$20.00 per team.
- CHECK IN AND SCRATCHES:** All swimmers are required to check in with the Clerk of Course 30 minutes prior to each session. There is a positive check in for 400 Meter Freestyle and 400 Meter IM At the Clerk of Course 30 minutes prior to start of session.  
Scratches are to be made at the clerk of course desk 30 minutes prior to the start of each session.  
No scratch penalty shall be imposed for day of scratches.  
Scratches from prelims heats for swims in finals must be made 30 minutes following the posting of results of last event of prelims sessions.  
Failure to participate in a finals event will result in the following penalty: \$30.00 fee payable in cash to Meet Management prior to the swimmer competing in any other prelim or finals at this competition.
- SCORING:** No Scoring
- AWARDS:** The following will be awarded:  
Swimmers will compete in all ages groupings which will then be divided into the following age groups for awards. 10 & Under, 11, 12,13,14, and 15 & over age categories will be used.  
Individual Events - Medals for 1<sup>st</sup> – 3<sup>rd</sup> and Ribbons for 4<sup>th</sup> thru 10<sup>th</sup> place.  
Relay Events – Only Ribbons will be awarded for 1<sup>st</sup> – 3<sup>rd</sup> Place.  
Please pick up awards at end of competition in the Meet Management Office.
- MEET RESULTS:** Official Results will be posted within 48 hours of completion of the meet to [www.swimming.ca](http://www.swimming.ca)  
Meet program will be run on Hy-Tek Meet Manager.  
Results will be posted as quickly as possible at the meet.  
Live Results are available at [www.westmeets.ca](http://www.westmeets.ca) / Meet Mobile are available.
- OFFICIALS:** Any officials interested in volunteering at the meet, please contact our volunteer coordinator at [officials@westmeets.ca](mailto:officials@westmeets.ca) . Please state what position you are interested in and what session(s) and if you are requiring a PTR or deck sign off.

Officials are to meet upstairs in the Officials Lounge (Seahorse Room) 45 minutes prior to the start of the session and to check in with our volunteer coordinator to let them know you are present.

# Appendix

## Event List

<i>Session 1</i>		
<i>Saturday, June 13, 2020</i>		
<i>Warm-up: 7:00 AM -- Start: 8:00 AM</i>		
<i>Women</i>	<i>PRELIMS</i>	<i>Men</i>
<i>1</i>	<i>13 &amp; Over 200 Back (Prelim)</i>	<i>2</i>
<i>3</i>	<i>13 &amp; Over 100 Breast (Prelim)</i>	<i>4</i>
<i>5</i>	<i>13 &amp; Over 200 IM (Prelim)</i>	<i>6</i>
<i>7</i>	<i>13 &amp; Over 100 Free (Prelim)</i>	<i>8</i>
<i>9</i>	<i>13 &amp; Over 50 Fly (Prelim)</i>	<i>10</i>
<i>11</i>	<i>13 &amp; Over 50 Back (Prelim)</i>	<i>12</i>
<i>13</i>	<i>13 &amp; Over 200 Fly (Prelim)</i>	<i>14</i>
<i>15</i>	<i>13 &amp; Over 400 Free (Timed Finals)</i>	<i>16</i>
<i>213</i>	<i>13-14 IM Relay (Finals)</i>	<i>214</i>
<i>215</i>	<i>15 &amp; Over IM Relay (Finals)</i>	<i>216</i>

<i>Session 2</i>		
<i>Saturday, June 13, 2020</i>		
<i>Warm-up: 12:00 PM -- Start: 01:00 PM</i>		
<i>Women</i>	<i>TIMED FINALS</i>	<i>Men</i>
<i>17</i>	<i>12 &amp; Under 200 Back</i>	<i>18</i>
<i>19</i>	<i>12 &amp; Under 100 Breast</i>	<i>20</i>

21	12 & Under 200 IM	22
23	12 & Under 100 Free	24
25	12 & Under 50 Fly	26
27	12 & Under 50 Back	28
29	12 & Under 200 Fly	30
31	12 & Under 400 Free	32
209	10 & Under 200 Medley Relay	210
211	11-12 200 Medley Relay	212

<p>Session 3</p> <p>Saturday, June 13, 2020</p> <p>Warm-up: 5:00 PM -- Start: 6:00 PM</p>		
<i>Women</i>	<i>FINALS</i>	<i>Men</i>
1	13 & Over 200 Back (Finals)	2
3	13 & Over 100 Breast (Finals)	4
5	13 & Over 200 IM (Finals)	6
7	13 & Over 100 Free (Finals)	8
9	13 & Over 50 Fly (Finals)	10
11	13 & Over 50 Back (Finals)	12
13	13 & Over 200 Fly	14

<p>Session 4</p> <p>Sunday, June 14, 2020</p> <p>Warm-up: 7:00 AM -- Start: 8:00 AM</p>		
<i>Women</i>	<i>PRELIMS</i>	<i>Men</i>
33	13 & Over 200 Breast (Prelims)	34



35	13 & Over 100 Back (Prelims)	36
37	13 & Over 50 Breast (Prelims)	38
39	13 & Over 50 Free (Prelims)	40
41	13 & Over 100 Fly (Prelims)	42
43	13 & Over 200 Free (Prelims)	44
57	OPEN 400 IM (Finals)	58
205	13-14 200 Free Relays (FINALS)	206
207	15 & Over 200 Free Relays (FINALS)	208

<p>Session 5</p> <p>Sunday June 14, 2020</p> <p>Warm-up: 12:00 PM -- Start: 1:00 PM</p>		
<i>Women</i>	<i>TIMED FINALS</i>	<i>Men</i>
45	12 & Under 200 Breast	46
47	12 & Under 100 Back	48
49	12 & Under 50 Breast	50
51	12 & Under 50 Free	52
53	12 & Under 100 Fly	54
55	12 & Under 200 Free	56
201	10 & Under 200 Free Relay	202
203	11-12 200 Free Relay	204

*Session 6*

*Sunday June 14, 2020*

*Warm-up: 5:00 PM -- Start: 6:00 PM*

<i>Women</i>	<i>FINALS</i>	<i>Men</i>
<i>33</i>	<i>13 &amp; Over 200 Breast</i>	<i>34</i>
<i>35</i>	<i>13 &amp; Over 100 Back</i>	<i>36</i>
<i>37</i>	<i>13 &amp; Over 50 Breast</i>	<i>38</i>
<i>39</i>	<i>13 &amp; Over 50 Free</i>	<i>40</i>
<i>41</i>	<i>13 &amp; Over 100 Fly</i>	<i>42</i>
<i>43</i>	<i>13 &amp; Over 200 Free</i>	<i>44</i>

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