

## Updated Mar 25/24 - Online Link for Event Swag added

<b>DATE(s):</b>	May 3 - 5, 2024	<b>REGION:</b>	Western												
<b>HOSTED BY:</b>	Windsor Essex Swim Team														
<b>LOCATION:</b>	Windsor International Aquatic Training Centre, 401 Pitt Street West, Windsor, Ontario														
<b>FACILITY:</b>	<p>This pool is 10 lane 72 meter indoor facility. Bulkhead divided will include a 50 metre competition pool and a warm down pool. Omega Quantum Electronic Timing System and 10 lane display. Scoreboard with Hytek Meet Manager for scoring. Touchpads will be installed at both ends of the pool. Spectator seating will be upstairs on mezzanine level. WIATC facility request that no glass containers, outdoor shoes and NO FOOD is allowed on deck at any time.</p> <p>THIS WILL BE STRICTLY ENFORCED BY WIATC PERSONNEL.</p>														
<b>PURPOSE &amp; DESCRIPTION:</b>	To provide swimmers opportunities to obtain qualification times in a long course format. There will be prelim and A&B finals for the 13 & over age categories and timed finals for the 12 & Under groups.														
<b>MEET PACKAGE:</b>	The only meet package which will be considered as valid must be the most current version found on <a href="http://www.swimming.ca">www.swimming.ca</a>														
<b>COMPETITION COORDINATOR:</b>	Shawn Taylor	Level: 5	Email: <a href="mailto:crazyswimfam@gmail.com">crazyswimfam@gmail.com</a>												
	If Level 3+ is serving as CC, please indicate that ROR/Swim Ontario approval has been granted		<input type="checkbox"/>												
<b>MEET MANAGER:</b>	Angela Momotiuk	Email:	<a href="mailto:westmeetsmeetmanager@outlook.com">westmeetsmeetmanager@outlook.com</a>												
<b>SAFETY AT COMPETITION:</b>	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The <a href="#">Swim Ontario Concussion Management</a> & <a href="#">Swimming Canada Event Photography</a> and Swim Ontario Event Photography procedures will be in effect. For complete details click <a href="#">HERE</a> . Every club and its participants are responsible for ensuring all facility rules and requirements are followed.														
<b>COMPETITION RULES:</b>	<p><b>Sanctioned as an Invitational by Swim Ontario.</b></p> <p>All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.</p> <p>Please note that <a href="#">Swimming Canada Competition Warm-Up Safety Procedures</a> and Swim Ontario warm-up safety rules will be in effect. Details <a href="#">HERE</a></p> <p>As per the Facility Rules for Dive Starts, this competition will be conducted as follows:</p> <table border="1"> <tr> <td>World Aquatics II.16.1.4 and 4.1, Swimming Canada C16.1.4.1, C4.1.1 &amp; C4.1.2</td><td><input checked="" type="checkbox"/></td><td>Starting Platforms at</td><td>Start and turn ends of the pool</td></tr> <tr> <td></td><td><input type="checkbox"/></td><td>Deck or Bulkhead at</td><td></td></tr> <tr> <td></td><td><input type="checkbox"/></td><td>In-Water at</td><td></td></tr> </table>			World Aquatics II.16.1.4 and 4.1, Swimming Canada C16.1.4.1, C4.1.1 & C4.1.2	<input checked="" type="checkbox"/>	Starting Platforms at	Start and turn ends of the pool		<input type="checkbox"/>	Deck or Bulkhead at			<input type="checkbox"/>	In-Water at	
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	<input type="checkbox"/>	Deck or Bulkhead at													
	<input type="checkbox"/>	In-Water at													
	<p>This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing:</p>	<input checked="" type="checkbox"/> Non-verbal instruction provided by a support person duly registered in the RTR <input checked="" type="checkbox"/> hand signals given by the starter/referee <input checked="" type="checkbox"/> an external strobe light													
<b>ELIGIBILITY:</b>	All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry.														

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	This event includes participants from the following clubs:	Open	
	<input checked="" type="checkbox"/>	Preference will be given to the host club first.	
	<input checked="" type="checkbox"/>	Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.	
	<input checked="" type="checkbox"/>	Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition. Pre-competitive swimmers will compete as Exhibition	
<b>FOREIGN COMPETITORS:</b>	<input checked="" type="checkbox"/>	Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by World Aquatics. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the <u>Proof of Residence and Registration Status form</u> to Swim Ontario no later than 7 days prior to start of competition.	
<b>AGE UP DATE:</b>	Ages submitted are to be as		May 3, 2024
<b>ENTRY DEADLINE:</b>	<b>APRIL 19, 2024</b>		
	Changes to entries will be accepted until		April 26, 2024
<b>ENTRY FEE:</b>	<input checked="" type="checkbox"/>	Individual Events	\$16.00 for stoke 50's, 100's and stroke 200's \$18.00 for 1500, 800, 400 Freestyle and 400 IM
	<input checked="" type="checkbox"/>	Relay Events	\$20.00
	<input checked="" type="checkbox"/>	Swimmer Fee	\$5.00
	Payment Method:		Cheque payable only to 'West Meets' Etransfer is available upon request.
<b>ENTRY LIMITS:</b>	The maximum number of participants per session is		600
	The maximum number of entries per swimmer is		n/a
<b>COACH'S REGISTRATION:</b>	Meet management will cross reference the <b>list of coaches submitted with entries</b> at this competition with the <u>Swim Ontario Compliance lists</u> . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.		
<b>ENTRY SUBMISSIONS:</b>	<p>Entries must be submitted through the Swimming Canada online entries system at <a href="http://www.swimming.ca">www.swimming.ca</a> and must include all attending coaches. Meet management will:</p> <ul style="list-style-type: none"> <li>not accept entries via email;</li> <li>notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries;</li> <li>notify clubs of any meet format changes or designated warm-up times at least 5 days prior to the start of the competition.</li> </ul> <p>Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.</p>		



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	<input checked="" type="checkbox"/>	NT entries are not permitted for 1500, 800, 400 Free and 400 IM
	<input checked="" type="checkbox"/>	Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not enter swimmers with "NT".
<b>RELAYS:</b>	Teams may move up no more than two (2) swimmers from a younger age category to fill a relay. A mixed relay must have 2 girls and 2 boys. No other combination is allowed. The first leg of a mixed relay is not an official time. Requests for official splits are not allowed for mixed relays.	
	The deadline for relay name submissions is 30 minutes after the start of the session	
	<input checked="" type="checkbox"/>	Relay swimmers must be entered in a non-relay event in order to compete.
<b>CONVERSION:</b>	<input checked="" type="checkbox"/>	Entry times can be converted.
	<input checked="" type="checkbox"/>	Times will be converted by the host
<b>SEEDING:</b>	<input checked="" type="checkbox"/>	Seeding will be in order of times entered, slowest to fastest, as converted pursuant to the conversion process as per meet package. Swimmers entered with NT (no time) will be seeded last. 1500, 800 will be swum fastest to slowest.
	<input checked="" type="checkbox"/>	Preliminary heat events will be seeded as per 3.1 with the fastest 3 heats circle seeded.
	<input checked="" type="checkbox"/>	Seeding will be in the following order: 1) 1500 Freestyle will be limited to the top 20 swimmers of each gender. Will swim fastest to slowest with alternating female & male heats. 2) 800 Freestyle will be limited to the top 30 swimmers of each gender. Will swim fastest to slowest with alternating female and male heats. 3) 400 IM will be limited to the top 40 swimmers of each gender. Will swim fastest to slowest with alternating female and male heats. 4) 400 Freestyle will be limited to the top 40 swimmers of each gender. Will swim fastest to slowest.

## SCHEDULE OF SESSIONS

Session #	Date	Warm-up period	Start of session	Approx. Finish of session	Time Final/Heats /Finals
1	May 3, 2024	11:00 am - 11:50 am	12:00 pm	4:00 pm	ALL AGES DISTANCE TIME FINALS
2	May 3, 2024	4:00 pm - 4:50 pm	5:00 pm	9:00 pm	ALL AGES PRELIM 13 & OVER AND TIMED FINALS FOR 12 & UNDER
3	May 4, 2024	7:00 am - 7:50 am	8:00 am	12:00 pm	13 & Over Prelims
4	May 4, 2024	12:00 pm - 12:50pm	1:00 pm	5:00 pm	12 & Under Timed Finals
5	May 4, 2024	5:00 pm - 5:50 pm	6:00 pm	9:00 pm	13 & Over Finals
6	May 5, 2024	7:00 am - 7:50 am	8:00 am	12:00 pm	13 & Over Prelims
7	May 5, 2024	12:00 pm - 12:50 pm	1:00 PM	4:00 PM	12 & Under Timed Finals
8	May 5, 2024	5:00 pm - 5:50 pm	6:00 pm	9:00 pm	13 & Over Finals

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<b>MIXED-GENDER:</b>	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.</p> <p>In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>		
<b>CHECKIN AND SCRATCHES:</b>	<input checked="" type="checkbox"/>	All swimmers are required to check in with the Admin Desk 30 minutes prior to each session.	
	<input checked="" type="checkbox"/>	There is a positive check in 30 minutes before the start of the session at the Admin Desk for the following events:	1500 Free, 800 Free, 400 Free & 400 IM
	<input checked="" type="checkbox"/>	A scratch deadline will apply for finals.	
	<input checked="" type="checkbox"/>	30 minutes following the posting of results of last event of prelims sessions	
<b>PENALTIES:</b>	<input checked="" type="checkbox"/>	No scratch penalty shall be imposed for late or day of scratches or No-Shows	
<b>DECK ENTRIES:</b>	<input checked="" type="checkbox"/>	Deck entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management. Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created).	
	<input checked="" type="checkbox"/>	Event Deck Entries are permitted for swimmers already entered in the competition.	
	<input checked="" type="checkbox"/>	Deck Entry Fee is \$20.00 for Individual and \$25.00 for Relays	
<b>OFFICIAL SPLIT TIMES:</b>	<input checked="" type="checkbox"/>	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee at least 30 minutes prior to the commencement of the session in which the event will take place. The team is to provide 2 timers which must report to the Meet management office 15 mins prior to event in question.	
<b>RECORDS:</b>	<input checked="" type="checkbox"/>	Swim times achieved at this event will be eligible for Provincial and National Records. Swim Ontario has a certified pool length survey for the aforementioned swimming pool.	
<b>MEET RESULTS:</b>	Official Results will be posted within 48 hours of completion of the meet to <a href="http://www.swimming.ca">www.swimming.ca</a>		
	<input checked="" type="checkbox"/>	The meet program will be run on Hy-Tek Meet Manager.	
	<input type="checkbox"/>	Results will be posted as quickly as possible at the meet.	
	<input checked="" type="checkbox"/>	Live Results / Meet Mobile are available.	
<b>SCORING:</b>	<input checked="" type="checkbox"/>	No Scoring	
<b>AWARDS:</b>	<input checked="" type="checkbox"/>	<p>The following will be awarded:</p> <p>Individual Events: Medals for 1st, 2nd and 3rd place. Ribbons 4th thru 10th place Age Groups: 8 &amp; Under, 9-10, 11-12, 13-14, 15-16, 17 &amp; Over</p> <p>Relays: Ribbons for 1st, 2nd and 3rd place only. Age Groups: 10 &amp; Under, 11-12, 13-14, 15-16, 17 &amp; Over</p> <p>Teams must pick up their medals by the end of the meet as they will not be mailed out.</p>	



## ADDITIONAL INFORMATION:

- 1) WIATC Facility has strict regulations as to NO FOOD is allowed on the pool deck. It will be strictly enforced by front desk staff and lifeguards.
- 2) Please bring refillable water containers as there are water filling stations on deck. NO Glass containers allowed.
- 3) Backstroke ledges will be available for all ages. Swimmers will be responsible for the setting of their own ledges. There will be 1 warning given by the referee for non compliance and after that it will become a disqualification.
- 4) There will be A & B finals for all Stoke 50's, 100's and 200's in the 13 & Over age groups. There must be a minimum of 25 swimmers pre-registered in the event for the B final to occur. Additional deck entries will not be taken into consideration when determining the numbers for A&B finals.
- 5) Coaches: For 13 & over age categories, please scratch from finals up to 30 th place.  
If you know your swimmers will be participating only in prelims, please enter the swimmer as an exhibition swimmer as this will eliminate the need to scratch from finals.
- 6) NT will not be acceptable for 1500, 800, 400 freestyle and 400 IM. Please submit a time that is provable in SNC database.
- 7) 1500 Freestyle will be limited to the top 20 swimmers of each gender. Will swim fastest to slowest with alternating female & male heats.
- 8) 800 Freestyle will be limited to the top 30 swimmers of each gender. Will swim fastest to slowest with alternating female and male heats.
- 9) 400 IM will be limited to the top 40 swimmers of each gender. Will swim fastest to slowest with alternating female and male heats.
- 10) 400 Freestyle will be limited to the top 40 swimmers of each gender. Will swim fastest to slowest.
- 11) Spectators will not be allowed on deck or in the changerooms at anytime during warm ups or during the competition.

**Event Swag is available for the 10th Annual Amanda Reason Invitational. Please use the following link to place your order. The orders will be delivered to the pool and ready for pickup on Friday.**

**Order deadline is April 14, 2024.**

<https://amandareasonapparel.itemorder.com/shop/home/>

## SCHEDULE OF EVENTS:

### Session 1 Friday May 3, All Ages Warm Up 11:00 am – 11:50 am Start 12:00 pm

Women		Event			Men
1	Open	800 Free	Timed Finals	Open	2
3	Open	1500 Free	Timed Finals	Open	4
5	12 & Under	400 IM	Timed Finals	12 & Under	6
7	13 & Over	400 IM	Timed Finals	13 & Over	8

### Session 2 Friday May 3, All ages Warm up 4:00 pm – 4:50 pm Start 5:00 pm

Women		Event			Men
9	12 & Under	200 Free	Finals	12 & Under	10
11	13 & Over	200 Free	Prelims	13 & Over	12
13	12 & Under	50 Back	Finals	12 & under	14
15	13 & Over	50 Back	Prelims	13 & Over	16

17	12 & Under	50 Breast	Finals	12 & Under	18
19	13 & Over	50 Breast	Prelims	13 & Over	20
21	12 & Under	50 Fly	Finals	12 & Under	22
23	13 & Over	50 Fly	Prelims	13 & Over	24

**Session 3 Saturday May 4, 13 & Over Prelims. Warm Ups 7:00 am-7:50 am. Start 8:00 am**

Women		Event			Men
25	13 & Over	200 Breast	Prelims	13 & Over	26
27	13 & Over	50 Free	Prelims	13 & Over	28
29	13 & Over	200 Back	Prelims	13 & Over	30
31	13 & Over	100 Fly	Prelims	13 & Over	32
33	13 & Over	400 Free	Finals	13 & Over	34
101	13 – 14	200 Medley Relay	Finals	13 – 14	102
103	15 & Over	200 Medley Relay	Finals	15 & Over	104

**Session 4 Saturday May 4, 12 & Under Finals Warm up 12:00 pm-12:50 pm Start 1:00pm**

Women		Event			Men
35	12 & Under	200 Breast	Finals	12 & Under	36
37	12 & Under	50 Free	Finals	12 & Under	38
39	12 & Under	200 Back	Finals	12 & Under	40
41	12 & Under	100 Fly	Finals	12 & Under	42
43	12 & Under	400 Free	Finals	12 & Under	44
105	10 & Under	200 Medley Relay	Finals	10 & Under	106
107	11 – 12	200 Medley Relay	Finals	11 – 12	108

**Session 5 Saturday May 4, 13 & Over Finals, Warm up 5:00 pm-5:50 pm Start 6:00 pm**

Women		Event			Men
25	13 & Over	200 Breast	Finals	13 & Over	26
27	13 & Over	50 Free	Finals	13 & Over	28
29	13 & Over	200 Back	Finals	13 & Over	30
19	13 & Over	50 Breast	Finals	13 & Over	20
31	13 & Over	100 Fly	Finals	13 & Over	32
11	13 & Over	200 Free	Finals	13 & Over	12

**Session 6 Sunday May 5 13 & Over Prelims Warm Ups 7:00 am-7:50 am Start 8:00 am**

Women		Event			Men
45	13 & Over	200 IM	Prelims	13 & Over	46
47	13 & Over	100 Back	Prelims	13 & Over	48
49	13 & Over	200 Fly	Prelims	13 & Over	50
51	13 & Over	100 Free	Prelims	13 & Over	52
53	13 & Over	100 Breast	Prelims	13 & Over	54



109	13 -14	200 Free Relay	Finals	13 – 14	110
111	15 & Over	200 Free Relay	Finals	15 & Over	112

## Session 7 Sunday May 5 12 & Under Finals Warm Up 12:00 pm-12:50 pm Start 1:00 pm

Women		Event			Men
55	12 & Under	200 IM	Finals	12 & Under	56
57	12 & Under	100 Back	Finals	12 & Under	58
59	12 & Under	200 Fly	Finals	12 & Under	60
61	12 & Under	100 Free	Finals	12 & Under	62
63	12 & Under	100 Breast	Finals	12 & Under	64
113	10 & Under	200 Free Relay	Finals	10 & Under	114
115	11 – 12	200 Free Relay	Finals	11 – 12	116

## Session 8 Sunday May 5 13 & Over Finals Warm Ups 5:00 pm-5:50 pm Start 6:00 pm

Women		Event			Men
45	13 & Over	200 IM	Finals	13 & Over	46
47	13 & Over	100 Back	Finals	13 & Over	48
49	13 & Over	200 Fly	Finals	13 & Over	50
51	13 & Over	100 Free	Finals	13 & Over	52
15	13 & Over	50 Back	Finals	13 & Over	16
53	13 & Over	100 Breast	Finals	13 & Over	54
23	13 & Over	50 Fly	Finals	13 & Over	24