

**UPDATED May 1, 2022 – Session 1 Start time amended.**

<b>DATE(s):</b>	May 6 – 8 , 2022	<b>RE</b>
<b>HOSTED BY:</b>	Windsor Essex Swim Team	
<b>LOCATION:</b>	Windsor International Aquatic Training Center	
<b>FACILITY:</b>	The pool is a 10 lane 72 meter indoor facility. Bulkhead divided will include a 50 meter competition lane. Omega Quantum Electronic Timing System and 10 lane display. Scoreboard with Hytek Meet Manager at each end of the pool. Spectator seating will be upstairs on mezzanine level. No glass containers or open flames.	
<b>PURPOSE &amp; DESCRIPTION:</b>	To provide swimmers opportunities to obtain qualification times in a long course format.	
<b>MEET PACKAGE:</b>	The only meet package which will be considered as valid must be the most current version found on the Swim Ontario website.	
<b>COMPETITION COORDINATOR:</b>	Dave Denyer	Level: _____
<b>MEET MANAGER:</b>	Shawn Taylor	Email: <a href="mailto:meetmanager@swimontario.com">meetmanager@swimontario.com</a>
<b>SAFETY COORDINATOR:</b>	Shawn Taylor	Email: <a href="mailto:meetmanager@swimontario.com">meetmanager@swimontario.com</a>
<b>SAFETY AT COMPETITION:</b>	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and spectators should be in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. Management & Event Photography procedures will be in effect. For complete details click <a href="#">HERE</a>	
<b>COMPETITION RULES:</b>	<b>Sanctioned by Swim Ontario.</b>	
	All current Swimming Canada rules will be followed.	
	All swimmers participating in a provincially sanctioned meets shall be required to comply with swim Ontario rules. Details. Advanced notification for exemption or for clarification of the rule please see the Competition Rules. Please note that <a href="#">Swimming Canada Competition Warm-Up Safety Procedures</a> will be in effect. A competition will be conducted as follows	
	FINA FR 2.3 and SW 4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 & 4.1.2	Starting Platforms at _____ Deck or Bulkhead at _____ In-Water at _____
<b>ELIGIBILITY:</b>	All athletes must be registered as Competitive swimmers with Swimming Canada. All athletes must be registered with Swimming Canada and have a valid Swimming Canada registration number. Entries without a registration number and registered status will be declined entry.	
	This event includes participants from the following clubs:	Open Invitational
	Preference will be given to the host club first.	
	This is an invitational meet. Participation of this meet is at the full discretion of the host club. Meet Management reserves the right to further limit individual swims per session and to limit the number of swims within 4.5 hours.	
	Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition swim. Swimmers who do not compete as Exhibition	
<b>FOREIGN COMPETITORS:</b>	Foreign competitors' entries will not be accepted	
	Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be a member of a swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered with the body for which they are competing. All swimmers and coaches must be in good standing with their respective national federation. Foreign swimmers and coaches must have primary residence within the province /state or country of residency may be green card, student ID, driver's license, college residence or other documentation. Documentation and shall be submitted with the <a href="#">Proof of Residence and Registration Status form</a> to Swim Ontario for competition.	
<b>COVID RELATED REQUIREMENTS:</b>	All individuals are responsible to ensure requirements are followed. Masks are not mandatory, but recommended.	

<b>AGE UP DATE:</b>	Ages submitted are to be as <span style="float: right;">May 6, 2022</span>			
<b>ENTRY LIMITS:</b>	The maximum number of participants per session is <span style="float: right;">800</span>			
	Each club is limited to the following number of swimmers			
	The maximum number of entries per swimmer is <span style="float: right;">No limits</span>			
<b>ENTRY SUBMISSIONS:</b>	Entries must be submitted through the Swimming Canada online entries system at <a href="http://www.swimm">www.swimm</a> entries via email.			
	Entries must include all attending coaches.			
	NT entries are not permitted for distance events 400 Free, 400 IM, 800 Free and 1500 Free			
	Entries must be submitted using provable times, recorded during the qualifying period. Swimmers during the qualifying period must submit those times and not enter swimmers with "NT".			
	Qualifying standard for entry is: <span style="float: right;">No qualifying standards</span>			
	Qualifying period for entry to the meet is: <span style="float: right;">n/a</span>			
	Relay swimmers must be entered in a non-relay event in order to compete.			
<b>CONVERSION:</b>	Entry times can be converted.			
	Entry times are not to be converted. Please submit times in course achieved.			
	<table border="1" style="width: 100%;"> <tr> <td style="width: 50%;"></td> <td>Times will be converted by the host</td> </tr> <tr> <td></td> <td>Times will not be converted</td> </tr> </table>		Times will be converted by the host	
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	Times will not be converted			
<b>ENTRY DEADLINE:</b>	<b>April 29, 2022</b>			
	Changes to entries will be accepted until <span style="float: right;">May 2, 2022</span>			
<b>ENTRY FEE:</b>	No Fee			
	Individual Events	Relay Events		
	\$13 for 200 M events and under. \$15 for 400 M events and above			
	Swimmer Fee \$5.00			
	Payment Method: <span style="float: right;">Cheques to made out only to <b>'West Meets'</b> or E</span>			
<b>COACH'S REGISTRATION:</b>	Meet management will cross reference the <b>list of coaches submitted with entries</b> at this competition. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy. Meet management will forward Swim Ontario a list of coaches who they have found to be ineligible.			
<b>SEEDING:</b>	Seeding will be in order of times entered, slowest to fastest, as converted pursuant to the competition rules followed by swimmers entered with NT (no times).			
	Preliminary heat events will be seeded as per SW3.1 with fastest 3 heats circle seeded.			
	Seeding will be in the following order:			

<b>SCHEDULE OF SESSIONS:</b>
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<u>Session #</u>	<u>Date</u>	<u>Warm-up period</u>	<u>Start of session</u>	<u>Approx. Finish of session</u>	<u>Time Final/Heats /Finals</u>
1	May 6	11 :00 am – 11:50 am	12:00 pm	4:00 pm	Finals
2	May 6	4:00 -4:50 pm	5:00 pm	8:00 pm	Prelims / Timed Finals
3	May 7	7:00 – 7:50 am	8:00 am	12:00 pm	13 & Over Prelims
4	May 7	12:00 – 12:50 pm	1:00 pm	5:00 pm	12 & Under Timed Finals
5	May 7	5:00 – 5:50 pm	6:00 pm	8:00 pm	13 & Over Finals
6	May 8	7:00 – 7:50 am	8:00 am	12:00 pm	13 & Over Prelims
7	May 8	12:00 – 12:50 pm	1:00 pm	5:00 pm	12 & Under Timed Finals
8	May 8	5:00 – 5:50 pm	6:00 pm	8:00 pm	13 & Over Finals

<b>MIXED-GENDER:</b>	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.</p> <p>In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>
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<b>CHECKIN AND SCRATCHES:</b>	There will be no scratch deadline for the following:	
	Scratches are to be made at the clerk of course desk 30 minutes prior to the start of the session.	
	All swimmers are required to check in with the Clerk of Course 30 minutes prior to the start of the session.	
	There is a positive check in 30 minutes before the start of the session at the Clerk of Course for the following events:	400 Free, 400 IM, 800 Free, 1500 Free
	A scratch deadline will apply for finals.	
	30 minutes following the posting of results of last event of prelims sessions	
	30 minutes following the posting of results of respective event	
<b>PENALTIES:</b>	No scratch penalty shall be imposed for late or day of scratches or No-Shows	
	Failure to participate in an event with a scratch or checkin deadline will result in the following penalty:	

<b>DECK ENTRIES:</b>	No Deck Entries are permitted	
	Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created)	
	Event Deck Entries are permitted for swimmers already entered in the competition	
	Swimmer Deck Entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management.	
	Fee	\$ 20.00 / event
<b>OFFICIAL SPLIT TIMES:</b>	Official Split requests are not permitted.	
	Meet management requires that any coach wishing to rely on a time achieved by a swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. Coaches must provide their own timekeepers who are to report to the timing office to receive the watches and clipboard. They are to report no later than 15 minutes prior to the start of the event.	
<b>RECORDS:</b>	Swim Ontario has a completed certified pool length survey (25m and 50m pool) of the aforementioned swimming pool and swim times achieved at this competition are eligible for provincial or national records.	
	Swim times achieved at this competition will NOT be used for applications of provincial and national records.	
<b>MEET RESULTS:</b>	Official Results will be posted within 48 hours of completion of the meet to <a href="http://www.swimming.ca">www.swimming.ca</a>	
	The meet program will be run on Hy-Tek Meet Manager.	
	Results will be posted as quickly as possible at the meet.	
	Live Results / Meet Mobile are available.	

<b>SCORING:</b>	No Scoring
	The following will be scoring:  
<b>AWARDS:</b>	No awards
	The following will be awarded: Individual Events : Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> place will be awarded along with ribbons for 4 <sup>th</sup> – 10 <sup>th</sup> place finishes in the following age categories 8 & Under, 9-10, 11-12, 13-14 and 15 & Over.  Relays: Ribbons will be awarded for 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> place finishes for the following age categories 10 & Under, 11 – 12, 13 – 14, and 15 & Over.
<b>ADDITIONAL INFORMATION:</b>	<b>Individuals are responsible to ensure all entrance to the facility requirements have been met.</b>
	Guest officials are always appreciated, so please email the officials coordinator if you would like to volunteer. <a href="mailto:officials@westmeets.ca">officials@westmeets.ca</a>  Please note that as the COVID-19 pandemic is a continuous evolving situation, facility capacity limits and safety requirements may change with limited notice. Meet Management will inform participants & coaches as soon as possible to any changes to warm times, session lengths and event adjustments. Final approval of entries is at the discretion of Meet Management. Entries will be approved on a first come first served bases.

	<p>Backstroke ledges will be available for use for 13 &amp; Over age categories. Swimmers shall be responsible for setting the device.</p> <p>WIATC entrance doors will be open for a 30 minute period prior to the start of warm up. Athletes are asked to enter the facility in a staggered fashion to ensure physical distance. Spectators are asked give priority entrance to athletes, coaches and officials. <b>Spectators will not be allowed on deck or in changerooms at anytime during warm up or the competition. Athletes are encouraged to arrive dress in their competition suits.</b></p> <p><b>No FOOD is allowed on deck.</b> Athletes may eat in the lobby at the WIATC. Beverages are allowed.</p> <p>Spectator seating is determined by the Facility Operators. If capacity limitations are in place, priority will be given to athletes. Viewing space is available in the lobby and mezzanine.</p> <p><b>There will A &amp; B finals for all Stroke 50's, 100's and 200's as long as there are a minimum of 25 swimmers pre-registered in the events. Additional deck entries will not be taken into consideration when determining numbers for A &amp; B finals. A &amp; B finals are only available for 13 &amp; Over age categories.</b></p>
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## Schedule of Events

### Session 1 Friday May 6, All Ages Warm Up 11 am -11:50 am Start 12 pm

Women		Event			Men
1	Open	800 Free	Timed Finals	Open	2
3	Open	1500 Free	Timed Finals	Open	4
5	12 & Under	400 IM	Timed Finals	12 & Under	6
7	13 & Over	400 IM	Timed Finals	13 & Over	8

### Session 2 Friday May 6, All ages Warm up 4 – 4:50 pm Start 5:00 pm

Women		Event			Men
9	12 & Under	200 Free	Finals	12 & Under	10
11	13 & Over	200 Free	Prelims	13 & Over	12
13	12 & Under	50 Back	Finals	12 & under	14
15	13 & Over	50 Back	Prelims	13 & Over	16
17	12 & Under	50 Breast	Finals	12 & Under	18
19	13 & Over	50 Breast	Prelims	13 & Over	20
21	12 & Under	50 Fly	Finals	12 & Under	22
23	13 & Over	50 Fly	Prelims	13 & Over	24

### Session 3 Saturday May 7, 13 & Over Prelims. Warm Ups 7-7:50 am. Start 8:00 am

Women		Event			Men
25	13 & Over	200 Breast	Prelims	13 & Over	26
27	13 & Over	50 Free	Prelims	13 & Over	28
29	13 & Over	200 Back	Prelims	13 & Over	30
31	13 & Over	100 Fly	Prelims	13 & Over	32
33	13 & Over	400 Free	Finals	13 & Over	34
101	13 – 14	200 Medley Relay	Finals	13 – 14	102

103	15 & Over	200 Medley Relay	Finals	15 & Over	104
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**Session 4 Saturday May 7, 12 & Under Finals Warm up 12-12:50 pm Start 1:00pm**

Women		Event			Men
35	12 & Under	200 Breast	Finals	12 & Under	36
37	12 & Under	50 Free	Finals	12 & Under	38
39	12 & Under	200 Back	Finals	12 & Under	40
41	12 & Under	100 Fly	Finals	12 & Under	42
43	12 & Under	400 Free	Finals	12 & Under	44
105	10 & Under	200 Medley Relay	Finals	10 & Under	106
107	11 – 12	200 Medley Relay	Finals	11 – 12	108

**Session 5 Saturday May 7, 13 & Over Finals, Warm up 5-5:50 pm Start 6:00 pm**

Women		Event			Men
25	13, 14,15 & Over	200 Breast	Finals	13,14, 15 & Over	26
27	13, 14,15 & Over	50 Free	Finals	13, 14,15 & Over	28
29	13, 14,15 & Over	200 Back	Finals	13, 14,15 & Over	30
19	13, 14,15 & Over	50 Breast	Finals	13, 14,15 & Over	20
31	13, 14,15 & Over	100 Fly	Finals	13, 14,15 & Over	32
11	13, 14,15 & Over	200 Free	Finals	13, 14,15 & Over	12

**Session 6 Sunday May 8 13 & Over Prelims Warm Ups 7-7:50 am Start 8:00 am**

Women		Event			Men
45	13 & Over	200 IM	Prelims	13 & Over	46
47	13 & Over	100 Back	Prelims	13 & Over	48
49	13 & Over	200 Fly	Prelims	13 & Over	50
51	13 & Over	100 Free	Prelims	13 & Over	52
53	13 & Over	100 Breast	Prelims	13 & Over	54
109	13 -14	200 Free Relay	Finals	13 – 14	110
111	15 & Over	200 Free Relay	Finals	15 & Over	112

**Session 7 Sunday May 8 12 & Under Finals Warm Up 12-12:50 pm Start 1:00 pm**

Women		Event			Men
55	12 & Under	200 IM	Finals	12 & Under	56
57	12 & Under	100 Back	Finals	12 & Under	58
59	12 & Under	200 Fly	Finals	12 & Under	60
61	12 & Under	100 Free	Finals	12 & Under	62
63	12 & Under	100 Breast	Finals	12 & Under	64
113	10 & Under	200 Free Relay	Finals	10 & Under	114
115	11 – 12	200 Free Relay	Finals	11 – 12	116

**Session 8 Sunday May 8 13 & Over Finals Warm Ups 4-4:50 pm Start 5:00 am**

Women		Event			Men
45	13, 14,15 & Over	200 IM	Finals	13, 14,15 & Over	46
47	13, 14,15 & Over	100 Back	Finals	13, 14,15 & Over	48
49	13, 14,15 & Over	200 Fly	Finals	13, 14,15 & Over	50
51	13, 14,15 & Over	100 Free	Finals	13, 14,15 & Over	52
15	13, 14,15 & Over	50 Back	Finals	13, 14,15 & Over	16
53	13, 14,15 & Over	100 Breast	Finals	13, 14,15 & Over	54
23	13, 14, 15 & Over	50 Fly	Finals	13, 14, 15 & Over	24